

This diary is designed to help you track the condition of your pet during the first couple of months of raw feeding. It will also make it easy to establish whether you are feeding the correct amount of food per day.

Pet's Age: _____ Weight: _____

BEFORE DIET CHANGE:

(examine your pet closely and describe conditions of the following areas – refer to back page for information about conditions)

Nose/Eyes: _____

Teeth and Gums: _____

Ears: _____

Skin/Coat: _____

Stools: _____

Behaviour: _____

Exercise Routine: _____

Notes/Observations: _____

Your Current Diet: _____

Your goals for this pet: _____

Date of Transition to Raw Feeding: _____

Date and symptoms of detoxification, if any: _____

Favourite Foods: _____

Least Favourite Foods: _____

Date of follow up examination (about 4 weeks after the first one): _____

Weight at follow-up: _____ **Ideal Weight:** _____

Nose/Eyes: _____

Teeth and Gums: _____

Ears: _____

Skin/Coat: _____

Stools: _____

Behaviour: _____

Exercise Routine: _____

Notes/Observations: _____

Your Current Diet: _____

Your goals for this pet: _____

Any improvements: _____

Examining your pet.

Nose: Is there any discharge? Is the nose smooth or is it cracked and dry? Is there discoloration? Don't worry about whether the nose is cold and wet or not, that is the biggest animal health myth ever!

Eyes: pull down the lower eye lid, is it bright and clear, or dull? Is the eyelid tissue pinkish, white, red or yellow? Is there any discharge??

Ears: use a torch or a desk lamp to allow easy viewing, are the ears dirty and waxy or clean. Is there any smell? **DO NOT USE COTTON BUDS TO EXAMINE OR CLEAN THE EAR.** If you want to clean it, use cotton BALLS.

Teeth/Gums: Unless you and your pet get along really well, DONT stick your fingers in the animal's mouth. Pull up the lip; first the front and then the sides. Are their teeth clean? Do they have some build up? Is there bad breath? Do the gums refill with blood quickly when you press on them? Is there any bleeding? Any loose or missing teeth? Is their tongue light pink, or is it white or reddish?

Skin and Coat: Is their coat shiny and bright or is it dull? Is there flaky skin??

Detoxification: When your cat or dog begins to eat nutritious raw food, the nutrients in the food will give its body enough strength to do some serious detoxing. Some pets never show any symptoms of detox, but in case yours does, you should be aware that the signs include discharges, pimples and rashes, loose and/or mucousy stools, dirty ears. The more toxins your pet has in their system, the more intense the detox will be. Detox time varies for each individual but a few days to 3 or 4 weeks is normal.

Quantities of Food: it is a good idea to periodically review the diet to make sure you are feeding the correct quantities.



Proofles
Gourmet Petfood Kitchen

RAW FEEDING DIARY

FOR
